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# Investigation of nose-to-brain transportation of peptide-displaying bacteriophage particles using phage display method

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**Keywords:** Phage display, blood brain barrier, nose-to-brain, peptide library, *in vivo* biopanning

## ABSTRACT:

**Background:** Brain drug delivery is of paramount significance in CNS-related diseases as blood brain barrier (BBB) permeability is not feasible for many pharmaceutical agents. The purpose of this study was to investigate the identification of peptide sequences with specific translocation into brain via intranasal route using *in vivo* phage display method to be used as CNS drug delivery carriers. **Methods:** To screen peptides with nose-to-brain transport capability, a 12-mer peptide library displayed on M13 bacteriophage was intranasally administered to anesthetized mice with subsequent recovery of the phage particles from the brain. The identified peptide sequences were analyzed using bioinformatics tools. **Results:** The results showed that intranasal transport of phage particles to the brain is independence of displayed peptide sequences due to random distribution of residues in different positions of isolated peptides. Nanoscale feature of bacteriophage particles may be responsible for nose-to-brain transport through olfactory epithelium. **Conclusion:** Taken together, the results open a route for designing phage-guided therapeutic systems as nanocarriers useful in intranasal brain targeting drug delivery.

## Introduction:

The blood–brain barrier (BBB) is a high-dynamically controlled and semi-permeable interface between blood and brain which is responsible for brain homeostasis by protecting the central nervous system (CNS) from penetration of the potentially toxic molecules. It is composed of about hundred billion capillary endothelial cells supported by astrocytes, pericytes and other glial cells. Tight junctions of endothelial cells in BBB act as a barrier for transportation of molecules.<sup>1</sup> Therefore, translocation of pharmaceuticals across the BBB is of great importance in CNS drug delivery. Since neurological disorders have become as major global health priority in worldwide population, pharmacotherapy of such disease necessitates substantial attention especially in elderly population. In this context, different strategies have been utilized for delivering drugs across the blood brain barrier comprised of invasive and non-invasive approaches. Direct brain injection and intrathecal brain delivery are examples of invasive methods while non-invasive strategies are grouped into biologically mediated mechanisms, nanoparticulate-based systems, focused ultrasound-based methods and intranasal brain drug delivery.<sup>2</sup>

The history of nasal drug delivery to brain dates back to 40 years ago where the existence of progesterone was reported in cerebrospinal fluid (CSF) following intranasal administration in monkeys.<sup>3</sup> The olfactory region located at the top of nasal cavity comprising nerves, is responsible for direct CNS access of molecules while bypassing BBB. It seems that the olfactory epithelium is the main site for absorption of molecules in nose-to-brain delivery. Paracellular passive diffusion, carrier-mediated transport, endocytosis, and axonal transport are the proposed pathways for intranasal brain delivery.<sup>4</sup> Carrier-mediated transporters are responsible for translocation of molecules such as glucose, amino acids and peptides. Peptide-based vehicles have gained much attention in drug delivery. In this context, peptide-drug conjugates are applied for different purposes such as targeted delivery systems, nanovectors, and imaging agents.<sup>5,6</sup> One of the promising methods for identification of cell penetrating peptides is phage display technique. In this method, the peptide/antibody-displaying libraries are screened against targets of interest through a ligand-driven affinity selection procedure called “biopanning” and specific ligands are identified.<sup>7</sup> Two approaches are utilized in this processes named *in vitro* and *in vivo* biopanning.

In *in vitro* method, the selection is performed on the target molecule outside of biological context immobilized on a plate, in a suspension or in a cell culture, whereas in the case of *in vivo* biopanning, the selection process is conducted within the complex environment of an animal model. In this method, following the circulation of phage after library administration to animal model, ligand(s) specific tissues or organs are recovered for identification and further analyses.<sup>8</sup> There are several examples in which *in vivo* biopanning were used for ligand selection and identification. Nonaka et al. used a conjugate composed of peptide named IF7 in complex with SN38 capable of BBB permeability with the aim of targeted delivery. IF7 peptide was originally introduced by screening a peptide-displaying phage library able to bind annexin A1 as a target overexpressed in brain malignancies. SN38 is active metabolite of irinotecan with antineoplastic property against brain tumors. Using the conjugated form of IF7 peptide and SN38, the growth of brain tumors were suppressed in mouse models.<sup>9</sup> In other investigation a peptide called A7R was identified via phage display technique. This peptide could bind VEGFR-2 and neuropilin-1 (NRP-1) which are cell surface markers of tumor angiogenesis. Various conjugates of A7R peptide with BBB-crossing capability were prepared and utilized for target delivery.<sup>10</sup> In 2017, a 20-mer peptide namely, L57 was introduced using phage display capable of binding receptor-related protein 1 (LRP1). This study demonstrated the BBB permeability of L57 that can be used for cargo delivery in CNS related diseases.<sup>11</sup>

As intranasal brain delivery of pharmaceutical agents is considered as non-invasive and pain-free method, in this study, we examined the possibility for identification of peptide sequence(s) responsible for intranasal brain delivery using phage display technology. Intranasal delivery of M13-based library of peptide displaying library to mice was carried out and recovered peptides displaying phage from brain were analyzed in terms of peptide sequences.

## **Materials and methods:**

### **Materials:**

The Ph.D.-12 phage display peptide library kit was purchased from New England Biolabs (Beverly, MA, USA). Trypton, glycine, and 5-Bromo-4-chloro-3-indolyl- $\beta$ -D-galactoside (X-gal) were obtained from Sigma Aldrich (New Zealand). Isopropyl  $\beta$ -D-1-thiogalactopyranoside (IPTG) was purchased from BIORON (Germany). Taq DNA Polymerase 2x Master Mix RED was prepared from Ampliqon (Denmark). Primers for polymerase chain reaction (PCR) and sequencing were ordered from Macrogen (Korea). Yeast extract was obtained from AppliChem (Darmstadt, Germany). Polyethylene glycol (PEG) 8000 was from Scharlau (Barcelona, Spain). Agarose was obtained from Invitrogen TM Ltd (Paisley, UK). Glycerol, agar, potassium dihydrogen phosphate ( $\text{KH}_2\text{PO}_4$ ), sodium hydrogen phosphate ( $\text{Na}_2\text{HPO}_4$ ), 2-Mercaptoethanol were products of Merck (Darmstadt, Germany). All DNA samples for sequencing were sent out to Macrogen Co. (South Korea).

### **Methods:**

#### **Animal treatment and *in vivo* biopanning procedure**

Male swiss albino mice typically weigh 25 g were prepared from Tabriz University of Medical Sciences and used in this investigation. The animals were maintained in an air-conditioned room at 24 °C ( $\pm$  2 °C) with a 12 h light–dark cycle. They were allowed free access to food and water ad libitum during the experiment. All animal experiments were in accordance with the guidelines for the care and use of laboratory animals (DHEW Publication No. [NIH] 78-23, revised 1987).

Mice were anesthetized via intraperitoneal injection of ketamine (85 mg/kg) and xylazine (5 mg/kg). Following anesthesia, animals were placed in a supine position with heads positioned to maximize exposure of the olfactory epithelium to the administered solution. For this purpose, about  $2 \times 10^{12}$  pfu from the phage library in 100  $\mu$ l of normal saline was intranasally administered to the mice. After 1 h, mice were perfused via the heart with normal saline. For this purpose, normal saline was slowly infused into the left ventricle by an angiocatheter. Meanwhile, the right

atrium was incised to allow the drainage of perfusate. Perfusion was continued until the outflow fluid from the right atrium was colorless. Throughout the experiment, the depth of anesthesia was continuously monitored and supplemental doses of anesthetic were administered as needed. Then the brain tissue was removed and washed in ice-cold normal saline followed by homogenization in 0.5 mL PBS. The homogenate was centrifuged and the supernatant was utilized for phage titration and plaque isolation.

### **Phage titration**

Phage titration was conducted according to supplier's protocol. In brief, *Escherichia coli* (*E. coli*) ER2738 bacteria was cultured in Luria-Bertani (LB) agar plate containing tetracycline (12 µg/ml), and incubated overnight (O/N) at 37°C. Then, 10 mL LB was inoculated by a single colony of *E. coli* ER2738 and incubated O/N at 37°C while shaking. The supernatant of centrifuged tissue homogenate obtained from biopanning procedure was aliquoted. Subsequently, to 30 µL supernatant was added 200 µL of overnight culture of *E. coli* ER2738 and incubated for 3-5 min at room temperature. The infected cells were transferred to tubes containing 3mL pre-melted (45 °C) top agar. After quick vortex, the mixture was immediately layered onto the pre-warmed LB agar plates supplemented with 40 µg/ml of X-gal and 50 µg/ml of IPTG. The plates were incubated at 37°C for O/N. The blue plaques in each plate were isolated for DNA sequencing and analyzing.

### **Sequence analysis of the selected phage**

For obtaining DNA sequences of phage with specific translocation across the BBB, plaques were selected from biopanning process and used for colony-PCR protocol. For this purpose, 5 mL LB containing tetracycline (12 µg/ml) was inoculated with a single colony of *E. coli* ER2738 and incubated for 1.5 h at 37 °C with shaking at 180 rpm. In the next step, a blue plaque of phage particle was added to the culture and incubated at 37 °C while shaking at 150 rpm for overnight. Then, a PCR experiment was conducted in order to amplify phage DNA. A mixture was prepared containing 3 µL of culture, PCR master mix solution, and 0.4 µM from each primers (Forward: 5'-GCAATTCCTTTAGTGGTACC-3' and reverse: 5'-CCCTCATAGTTAGCGTAACG-3'). The PCR was performed by initial denaturation at 95 °C for 2 min followed by 35 cycles with denaturation at

95 °C for 30 s, annealing at 60 °C for 30 s, extension at 72 °C for 30 s as well as a final extension for 7 min at 72 °C. Following the PCR reaction, DNA samples were sent out for sequencing using the reverse primer 5'-CCCTCATAGTTAGCGTAACG-3'.

### **Analysis of peptide sequences**

The identified peptide sequences were analyzed by SAROTUP webserver for identification of target-unrelated peptide (TUP) sequences using different TUPs detecting tools.<sup>12</sup> Furthermore, the presence of consensus sequence was investigated by sequence logos available at <https://rth.dk/resources/plogo/>.<sup>13</sup> The hydrophobicity of the displayed peptide sequences were studied using three commonly used hydrophobicity scales namely Abraham-Leo,<sup>14</sup> Carugo,<sup>15</sup> and Kyte-Doolittle<sup>16</sup> scales. The results were subjected to statistical analyses by Excel (Microsoft Office 2013) program.

### **Results and discussion:**

In this study, the identification of peptide sequences with nose-to-brain transport capability was investigated using *in vivo* phage display method. For this purpose, a 12-mer peptide library displayed on M13 filamentous phage was intranasally administered to the mice ( $2 \times 10^{12}$  pfu/ml). The phage library was allowed to translocate from nose to brain. Following the perfusion, the phage was recovered from the homogenized brain supernatant using phage titration. After first round of biopanning, the titer of phage particles was too low to be amplified for the next round of biopanning. The procedure was repeated once again to ensure the low recovery of phage particle during the biopanning process. The findings verified the same results. The recovered phage particles from the biopanning procedure were subjected to sequencing. However, prior to peptide sequencing, PCR reaction was performed for each DNA sample extracted from translocated phage. The sequencing results for peptides displayed on pIII protein of M13 phage particles are demonstrated in Table 1. As mentioned earlier, the peptides were inspected in view of similarity to previously identified peptides classified as TUPs based on SAROTUP webserver. Moreover, the number of occurrences of amino acids at each position of peptide sequences is shown in Table 2. The expected and observed frequencies of different residues for available



positions are also indicated in Table 2. The observed frequency for a given residue type was obtained based on its occurrences divided by total residues present for all positions while expected frequency was determined by the number of codons for a residue type divided by 32, i.e. the total number of codons for all residues. The hydrophobicity preferences analysis on the identified peptide sequences are presented in Figure 1. In this analysis, hydrophobicity preferences were determined for various positions of 12-mer peptides using three commonly used hydrophobicity scales namely Abraham-Leo, Carugo, and Kyte-Doolittle scales. The statistical analysis of the results demonstrated that calculated mean hydrophobicities for positions I to XII are not statistically different from each other ( $p$ -value > 0.05). It shows random distribution of residues in different positions of peptide sequences inferred from mean hydrophobicities of zero for the amino acids. Frequency distribution of the residues according to their hydrophobicity values is also indicative of random distribution of residues irrespective of any hydrophobicity preferences in different positions of identified peptides (see Supporting Information). The peptide sequences were also inspected by sequence logos analysis. This analysis indicates any consensus motif versus amino acids' frequencies as height of the entire stack. The result exhibited no consensus pattern among the identified peptide sequences as illustrated in Figure 2.

Intranasal drug delivery has been attracted many attentions due to direct drug delivery from nasal cavity to brain and bypassing systemic circulation.<sup>17</sup> Highly vascularized nasal cavity facilitate drug absorption with rapid onset of therapeutic effect. This type of administration route is associated with several advantages such as elimination of hepatic first-pass metabolism, greater bioavailability as well as reduced systemic side effects.<sup>18</sup> There are several peptides reported in the literature with nose-to-brain transport capability. In a study by Wan et al. in 2009, a 11-mer synthetic peptide (ACTTPHAWLCG) was introduced which is originated from a heptamer peptide (named Clone7) isolated from *in vivo* biopanning procedure using C7C phage peptide display library. In this work, peptide library was intranasally administrated to the anesthetized rats followed by recovering phage from the brain after 45 min. It was suggested that transport of Clone7 phage from nose-to-brain was mediated via olfactory nerve pathway.<sup>19</sup> In 2016, nose-to-brain delivery of proteins using cell penetrating peptides was elucidated. In this study, Low

molecular weight protamine (LMWP) as a nature sourced cell penetrating peptide was used for conjugating with proteins. The results showed effective intranasal-based permeability of conjugates of LMWP–proteins into brain as a promising delivery system circumventing the BBB.<sup>20</sup> In an investigation, nose-to brain translocation of a peptide named ANA-TA9 (SKGQAYRMI) with amyloid- $\beta$  hydrolysis activity was studied. The results showed that this peptide could reach the brain following intranasal administration in mice which might have a potential therapeutic role in dementia.<sup>21</sup> The successful brain delivery of Exendin-4 as glucagon-like peptide-1 (GLP-1) receptor agonist after intranasal administration in mice was exhibited. In this work, L-penetratin (RQIKIWFQNRRMKWKK) was utilized as cell-penetrating peptide mediated the delivery of the Exendin-4 to the brain through olfactory bulb.<sup>22</sup> Recently, a peptide called AmyP53 (KEGVLYVGHHK) was designed by Scala et al. in 2022 as inhibitor of amyloid pore formation via targeting gangliosides. Rapid detection of this peptide in the brain proposed efficient nose-to-brain transport of AmyP53 peptide via olfactory bulbs. So, AmyP53 can be considered as a potential therapeutic candidate in Alzheimer's and Parkinson's diseases.<sup>23</sup>

All the findings of this investigation imply that translocation of phage particles from nose-to-brain via olfactory epithelium does not depend on displayed peptides expressed at the N-terminus of phage pIII coat protein. Nanoscale dimension of phage particles may facilitate their translocation from the nose to brain while bypassing BBB. As olfactory epithelium is in direct contact with the CNS,<sup>18</sup> it seems that axonal transport via olfactory nerve may be the most probable mechanism underlying for phage translocation from nose-to-brain. Non-specific nose-to-brain translocation of phage particles in the current work is the other evidence that phage particles can pass from biological and neuronal membranes. Such a similar non-specific transport of phage particles from gastrointestinal barrier into blood circulation system has been observed in our previous studies.<sup>24,25</sup> Although in this study, no consensus pattern was obtained for the identified peptide sequences, passing of phage particles from nasal cavity and reaching the brain make them as potential nanocarriers in drug and gene delivery purposes. Extensive applications of phage particles in delivery purposes have been evidenced in several investigations.<sup>26-28</sup>

Collectively, the findings of this study revealed that *in vivo* biopanning of M13 bacteriophage based library in mice have no specificity in nose-to-brain translocation in terms of displayed 12-

mer peptides at the N-terminal of pIII coat protein. Such a nano-sized structurally viral particles can provide an insight for intranasal use of genetically engineered bacteriophage particles in CNS-related diseases. However, nose-to-brain transport is significantly affected by several factors such as nasal physiology, physicochemical features of the therapeutic agent (i.e. size, lipophilicity, and degree of dissociation), as well as drug formulation (drug concentration, dosage, and dosing volume) that should be considered.<sup>29-31</sup>

## **Conclusion:**

Although BBB acts as a highly selective and protective membrane which prevents the entry of toxins and pathogens to CNS. This restrictive nature of BBB makes the CNS access of many pharmaceutical agents challenging especially in CNS-related diseases such as neurological disorders and brain tumors. Identification of peptide sequences with nose-to-brain transport capability would assist in developing peptide-based delivery systems. The object of the current study was to application of *in vivo* phage display technique in identification of 12-mer peptides able to reach brain to be used as drug carriers in brain delivery systems. The analysis of the results showed that transport of phage particles from nasal cavity to the brain are not dependent on the displayed peptides on pIII coat protein deduced from lack of any consensus sequences and random distribution of residues in identified peptides. It may be attributed to the nano-scale dimension of viral particles make them to reach brain probably via olfactory nerve. This study demonstrated that phage particles can be utilized as drug carriers in future development of intranasal products beneficial in brain drug targeting systems.

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## **Author Contributions**

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#### **Competing interests:**

None declared.

#### **Ethical Approval**

All animal experimental procedures were carried out in consistent with the guideline of the Ethics committee of the Tabriz University of Medical Sciences (code: IR.TBZMED.VCR.REC.1397.462).

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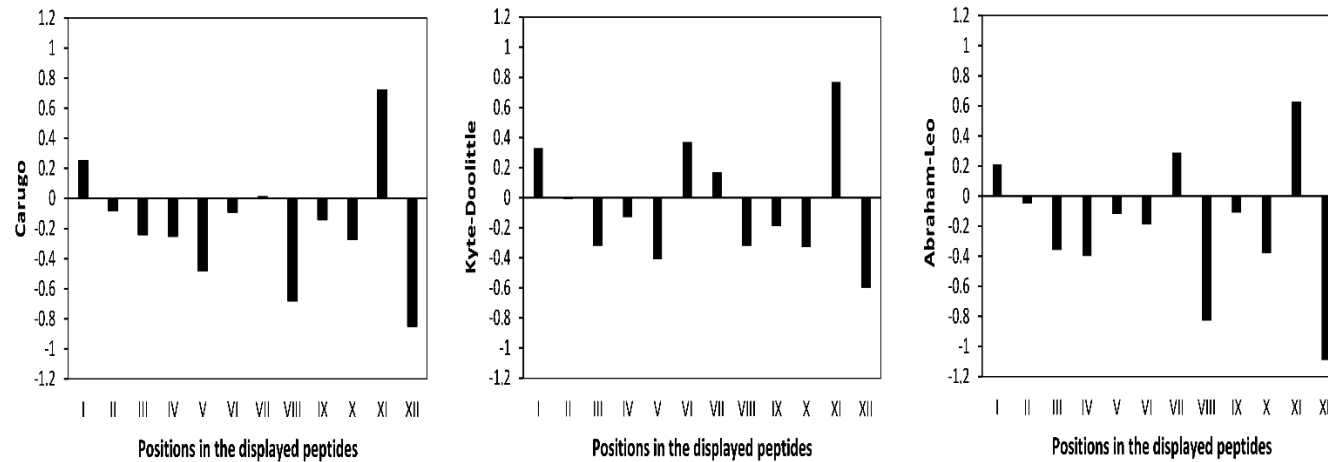
**Table 1.** Sequences of peptides displayed on pIII coat proteins of the isolated phage variants from blood samples at different rounds of *in vivo* biopanning. Target-unrelated peptide (TUP) sequences are also demonstrated for the identified peptide sequences using SAROTUP web server.

No	Sequence	TUP	Frequency	No	Sequence	TUP	Frequency
N1	VPLSPVRPSPNT	Y	1	N33	YPWLDAARHLMR	Y	27
N2	SDWLRFSAPPTI	Y	1	N34	SSTLLHPRNSYP	Y	2
N3	DALGERELEGSH	Y	1	N35	STTGPAPAGRLS	-	8
N4	WAGESVIEFSNS	-	1	N36	FHRNSRARHYFR	Y	1
N5	HAIKHCDGLHHP	Y	1	N37	WLTREIAYSTVD	Y	1
N6	VSILDCYVYRCQ	Y	1	N38	GALPVDTRELT	Y	1
N7	MQRTQSCATACP	Y	1	N39	AGVYGVHGSLLWW	Y	1
N8	DLRAVEPGDTIR	Y	1	N40	FKSTQDTTFTER	Y	3
N9	CYSLTLSAYTGQ	Y	1	N41	YHRQDAARHLMS	Y	1
N10	APSETLTDLNNT	Y	1	N42	FKSTQDTTYTER	-	1
N11	VISFSSPDNLSP	-	1	N43	YPTGHAPSHRIW	Y	1
N12	DQSLKSFWDRLH	Y	1	N44	YPRGAAPRRRLW	Y	1
N13	AFTAVLASVHST	-	1	N45	YHRQDAARHQMR	Y	1
N14	SALYATADLNVG	Y	1	N46	LSWLDAARHLMR	-	1
N15	LHTNSRAPSYFP	Y	11	N47	YPRLDAARHMMR	Y	2
N16	HLYCCQVKNSIQ	Y	1	N48	YPWRDAARHLMR	-	3
N17	AGNNSTKLTSY	Y	1	N49	LHTNSRAPSYFS	Y	1
N18	VTAPATSEGVQT	Y	1	N50	SPTGPAPTGRSL	Y	1
N19	INDQHTTSSHLS	Y	1	N51	FTTGPAPAGRLS	Y	1
N20	VRACSTDILTRV	Y	1	N52	VPRGRSDKRWQG	-	1
N21	ELYKSSVWLTRC	Y	1	N53	LHTNSRAPPYFP	Y	1
N22	ADFLIPAQFLRG	Y	1	N54	STTGPAPSGRLS	Y	1
N23	FLESPLRHPYLH	Y	1	N55	YPRLDAARHLMR	Y	1
N24	GQALLSTFSDRR	Y	1	N56	HLQCGQAKHFIR	-	1
N25	SDIYDERESQRA	Y	1	N57	VHWDFRQWWQPC	Y	1
N26	SFSGSASGHHFT	Y	1	N58	YPWQDAQRHQLW	Y	1
N27	GPAAMGRTPYQT	Y	1	N59	YPRRGAARYLLR	Y	1
N28	SGGSKLFIDATD	Y	1	N60	LHRNSRARQYFR	-	2
N29	YGGSKLFSDKTD	Y	1	N61	YHRKDGARQYIR	Y	1
N30	VSAWQVMDVAGT	Y	1	N62	VHWDFRQWWQPS	Y	1
N31	GDLPTVELVDFN	Y	1	N63	YPWQDAARHLMR	Y	1
N32	SDCTTRPLTSWE	Y	1	N64	YHRKDAARHQMR	Y	1

**Table 2.** Number of occurrences, observed and expected frequencies of different residue types at different positions of the identified peptides displayed on pIII coat proteins of the isolated phages from blood samples

Number of occurrences of amino acids in different positions														Observed frequency (%)	Expected frequency (%)
Amino Acid	I	II	III	IV	V	VI	VII	VIII	IX	X	XI	XII	Total		
Ala	1	1	0	1	0	12	8	8	0	0	0	0	31	12.9	9.4
Asp	0	0	0	0	4	1	1	1	0	0	0	0	7	2.9	3.1
Asn	0	0	0	2	0	0	0	0	0	1	1	0	4	1.7	3.1
Arg	0	0	3	3	1	2	0	6	1	8	0	8	32	13.3	9.4
Cys	0	0	0	1	0	0	0	0	0	0	0	0	1	0.4	3.1
Gly	0	0	1	9	1	0	0	0	8	0	0	1	20	8.3	6.2
Gln	0	0	1	0	1	1	0	0	2	0	1	0	6	2.5	6.2
Glu	0	0	0	1	0	0	0	1	0	0	1	0	3	1.3	3.1
His	1	2	0	0	0	0	0	0	5	1	0	0	9	3.8	3.1
Ile	0	1	0	0	0	0	1	0	0	0	1	0	3	1.3	3.1
Leu	3	1	0	1	0	1	0	0	1	4	8	0	19	7.9	9.4
Lys	0	1	0	0	0	0	0	2	0	0	0	0	3	1.3	3.1
Met	0	0	0	0	0	0	0	0	0	0	4	0	4	1.7	3.1
Phe	1	1	0	1	0	0	0	0	1	1	2	0	7	2.9	3.1
Pro	0	4	0	0	8	0	9	0	0	0	0	1	22	9.2	6.2
Ser	8	1	2	0	4	2	0	1	0	1	2	9	30	12.5	9.4

Thr	0	8	9	1	0	0	1	1	0	1	0	1	22	9.2	6.2
Trp	1	0	4	0	0	0	0	0	0	1	0	0	6	2.5	3.1
Tyr	3	0	0	0	0	0	0	0	1	2	0	0	6	2.5	3.1
Val	2	0	0	0	1	1	0	0	1	0	0	0	5	2.1	6.2
	20	20	20	20	20	20	20	20	20	20	20	20	240	100	103



**Figure 1.** Results of the hydrophobicity analyses on the displayed peptide sequences using Carugo, Kyte-Doolittle, and Abraham-Leo hydrophobicity scales. The mean hydrophobicity values are demonstrated for the residues observed in different positions of the displayed peptides at the N-terminus of pIII coat protein for isolated phage particles. The statistical analysis of the results revealed that the calculated mean hydrophobicity for each position of peptide sequences is not significantly different from each other ( $p\text{-value} > 0.05$ ). The results are indicative of random distribution of residue types in different positions with no hydrophobicity preferences.



**Figure 2.** Sequence logo representation for the identified peptides displayed on bacteriophage surface. The X-axis denotes the sequence positions (I to XII) whereas the letter height in Y-axis indicates the relative frequency of amino acids in the alignment.